

My Shopping List

Item	Dept
___ hoisin sauce (1/4 cup)	Asian
___ cornstarch (1 1/2 tablespoon)	Baking
___ orange juice (1/2 cup)	Beverages
___ (14 ounce) can black beans (1)	Canned Goods
___ low-sodium chicken broth (1/2 cup)	Canned Goods
___ reduced-sodium beef broth (1 1/4 cups)	Canned Goods
___ cream cheese (1 tablespoon)	Cheese
___ grated parmesan cheese (1/4 cup)	Cheese
___ parmesan cheese (1 tablespoon)	Cheese
___ low-fat mayonnaise (1 1/2 tablespoon)	Condiments
___ light sour cream (1 1/2 tablespoon)	Dairy
___ unsalted butter (3 tablespoon)	Dairy
___ (14 ounce) can corn kernels (1)	Frozen Vegetables
___ boneless skinless chicken breasts (2)	Meats
___ boneless skinless chicken breasts (1 pound)	Meats
___ pork loin roast (1 pound)	Meats
___ olive oil (1 teaspoon)	Oils
___ olive oil (2 teaspoons)	Oils
___ toasted sesame oil (1 teaspoon)	Oils
___ bell pepper (1 large)	Produce
___ celery ribs (4)	Produce
___ chives (1/2 teaspoon)	Produce
___ fresh mushrooms (1 cup)	Produce
___ green onions (2)	Produce
___ head cauliflower (1 medium)	Produce
___ lemon zest (1/2 teaspoon)	Produce
___ minced garlic (1/2 teaspoon)	Produce
___ red onion (1/2)	Produce
___ zucchini (3 small)	Produce
___ chicken bouillon (1/8 teaspoon)	Soups
___ dried thyme (1 teaspoon)	Spices
___ fresh minced ginger (1 tbs)	Spices
___ (15 ounce) can pumpkin (1)	Unassigned
___ (18 ounce) box cake mix (1)	Unassigned
___ of your favorite prepared barbecue sauce (1/3 cup)	Unassigned
___ marsala wine (1/2 cup)	Wine